

Enlightened Life Temple Sacred Garden Community

Grown in Wisdom's Loving Light

When we sanctify our gardens and eat this holy food, we are protected by Divine Grace and led in the path of health, consciousness and love for all.



Invocation & Intention

At the Temple of Enlightened Life, we enter into Oneness. We have come in separate bodies, or so it appears at first glance. We are really interconnected underneath our separate masks. We learn about our true oneness by living as one with our Mother, the Earth. Her body provides all sustenance, and every green and living plant is perfect food to serve our awakening.

We honor this sacred gift of nourishing wisdom. We integrate it into our cells and give thanks to the one Light that reigns above us, and with which we are also one. In this living oneness, we shall attain all things. By eating these plants made by our Creator we shall be healed, elevated and accelerated in our journey to unfold one consciousness. In this way, we shall receive the peace, comfort and wisdom of our Creator through all the days of our lives. We give thanks for this abundance as we open to its endless love.

Our body of oneness is the Earth. She is not a planet but a star, whose light is hidden by the illusions of worldly life. Oh star lights, come home from that shadowy world, be nourished by our Mother, and awaken to your Self! In our holy temple all are welcome to feast upon this light that is carried within the fruits and plants of our sacred Earth. Through our fellowship you can come to know the spiritual truth of these foods given to us by the Divine. This truth has been spoken throughout the ages of time by saints and sages alike, and recorded in every holy book.

The promise is this: That you shall recover health, retain youthfulness and live an abundant life if you align with the Creator's universal laws and eat this holy food. By living a natural, spiritual life, we awaken our creative genius deep within. who can lead us to back to the source of all life, love and light. To begin, we must learn who we really are, and how to live our lives in a way that will lead us into this awakening.

Our Creator made us to live on this Earth and eat the plants that were placed here in the infinite Wisdom of the highest creative intelligence. These plants were specially made to serve as superior nutrition for humans and to accelerate their awareness of the spiritual nature of life. Through these living plants the Creator gives us health, harmony and joy. These plants are also medicine - whatever illness or disease may arise, a cure for it has already been provided within the plants of the earth. This is the promise of the Creator who gave all of these miraculous plants to every human upon Earth.



What is natural food?

In our temple we know that we must eat these sacred foods in their most natural form, as they were placed on the earth by our Creator. These plants were given into the keeping of humankind to help propagate, oversee and bless them for all of our bodily needs in accordance with Divine Wisdom. This Wisdom looks to the earth itself for everything related to growing our sacred food.

Our crops are grown in pristine areas, nourished by natural plant foods, given pure water and aided by every natural method to produce abundant fruits and sustain their healthy growth. Nothing is introduced into our sacred gardens from any level of human consciousness that operates in separation from the natural ways of the Earth Herself. Natural means pure, unadulterated, unmodified, existing entirely in its original state as found in Nature.

Our seeds are consecrated with the sacred intention that the life within the plants shall heal, quicken and awaken all who eat their fruits. Our gardens are made into sacred ground and sanctified in recognition of the Divine gifts they will give to those who partake of their bounty. Our gardens are blessed for the sake of restoring wholeness to the earth, its living forms and creatures, and all the people of the earth.

Through our temple we reclaim our Earth and look to its Wisdom to take us into Divine life. We rejoice in the fruits of the Earth and our fellowship with each other. We grow our sacred food alone, in families, in communities, and in gardens and farms all around the world. We are connected to each other through the soil, sun and water, and at our feasts whenever we consume this consecrated food born from our Creator's body. When we sanctify our gardens with this holy intention, we make the food holy as well.

With this conscious intention, we come under the protection of Divine Grace and are led in the path of health, happiness and love for all.

The Sacred Garden Community

Welcome to the Sacred Garden Community of Enlightened Life Temple. The Community is a part of our international ministry to support humanity to attain the divine grace that comes from living a natural life in harmony with the earth. When we follow the spiritual laws found within nature we help ourselves, one another and the planet to greater health, wholeness, unity and love.

The Sacred Garden Community is a network of special gardens and farms throughout the world that are grown in accordance with nature's laws. Our gardens and farms include plants that grown in pots indoors, greenhouses or on patios or rooftops.

The foods from our community gardens are grown naturally, tended by growers who use natural approaches to agriculture. Many organic and bio-dynamic farms use acceptable natural farming methods.

What is sacred food?

We give our sacred gardens conscious blessings by holding intentional ceremonies that honor and align our land, seeds and crops with the highest consciousness and light.

You can use our sacred symbol during your blessing ceremony by placing it on the land, near the seeds and plants. The symbol links your intentions with those of all of the sacred gardeners in our community. In this way you help strengthen the conscious awareness of our mission to grow and share plant foods for health, long life and spiritual awakening.



Join the Sacred Garden Community

If you grow plants for food, nurture organic gardens or operate a natural farm anywhere on the earth, we invite you to join us in this sacred intent. Your participation becomes a part of and expands the matrix of divine intention we are consciously embedding into and onto the earth. Your seeds, land, home and plants will be blessed in Enlightened Life Temple too. We daily send out the radiant energy of divine love and light to our worldwide Sacred Garden Community participants.

All you need to do is bless the soil and seeds, say a prayer, use the sacred symbol and infuse your efforts with the light. Then get your hands in the dirt and start growing your sacred food.

If you wish, you can send us an email telling us your name and the city or region where you are growing your garden. We will add your name to the list of those in our community and send abundant blessings your way. If you don't want to email us, don't worry – you will become a part of this grand intention simply by growing and sharing natural food.

Our email is enlightenedlifetemple@gmail.com

We invite you to join us and help us spread the good news about the natural foods of the Earth and our Sacred Garden Community.

The Spiritual Purpose of Food

Most spiritual traditions and religious scriptures mention the importance of diet and foods as they related to spiritual practices or observances. With a rapidly changing earth, we live in times where we can make a powerful difference by growing, sharing and eating sustainable, natural plant foods.

We are called to cherish and protect the sacred plants of the Earth. Plant nutrition is superior food for humans and they are vitally important to maintaining and restoring radiant health. Clean, healthy, natural whole foods support the spiritual growth of humanity and they hold the key to preserving and protecting all life on earth.



Renewing Our Earth Stewardship

“Do away with the old way of living and with the old self, which are corrupted by erroneous desires; and be renewed in the spirit of your soul.” *Ephesians 4:22-23*

As a planetary species, humanity has arrived at a critical crossroads. The times we are living in have been described in the ancient prophecies of many spiritual traditions. We are faced with a serious choice to either ignore the harm we see and witness further and irreversible damage, or take up our mantle of stewardship with each other, the earth and our Creator with renewed courage and commitment to a whole new way of life.

A Revolution of Consciousness

We must use our collective resources wisely, on every plane, to prepare a new way. To turn the tide from materialism toward spirituality requires a renewal of not only our lifestyle and culture, but a renewal of consciousness itself within each person. Wise people know that global systems are presently functioning in a way that is far too separate from the people they are meant to serve; too focused on material life, greed, and self-interests; and inherently limiting to individual personal expansion and harmonious life on earth, which is now at risk from these dysfunctional systems.

To bring the vision of an enlightened humanity into the physical world requires co-workers who are willing to transform themselves even as they transform the earth. We must work with unconditional compassion to overthrow every conditioned thought, emotional attachment or dependency; cultivating patience, an enduring will, and the power to act responsibly on behalf of the greatest good of all. This is a time of epic transformation, not a small adjustment to the status quo.

To establish more enlightened life and restore planetary harmony, we need to free the creative nature so it may serve as a gateway for the unified consciousness. Through the process of expanding consciousness, we learn to view the world in an entirely different way. We become better able to bring forth entirely new perspectives, radical solutions, and innovative systems of human cooperation and earthly stewardship.

A Sacred Universe

The environmental crisis reminds us that through the created gifts of nature, humanity may deepen their connection to that which creates and sustains all life. To envision the universe as sacred allows us to experience the divine presence through tangible signs in nature, and contributes to making earth a sustainable home for our human family. We need to increase respect for and protect the natural world, so that through nature people can once again contemplate the mystery of the great beneficence and grace of our Creator. Reverence for the divine — as it lives and expresses in nature — motivates a greater sense of environmental responsibility.

Stewardship implies that we must care for creation according to standards that are not of our own making. It demands transcendence from selfish ways of life, and giving up ideas of separation from other peoples, cultures and nations. It is a difficult challenge, requiring a spirit of surrender, detachment and experimentation. Stewardship places responsibility upon us for the well-being of all creatures in alignment with the highest values of life.

The whole universe is the dwelling place of the Divine Creator. Earth is humanity's home, and humans do best when this creative source is fully alive within them. In the beginning, the first humans walked with the Divine One in an unspoiled paradise. Throughout history, spiritual seekers have experienced this spiritual source on mountaintops, in vast deserts, and beside waterfalls and gentle springs. In thunderstorms and earthquakes, the ancients saw the

manifestations of divine power. By observing the cycle of the seasons and the courses of the stars, humans discerned signs to help them access divine wisdom and lead more successful lives.

Faced with the widespread destruction of the earth and its natural resources, people everywhere are beginning to understand that we cannot continue to use the gifts of the earth to satisfy desires of the ego for wealth or status. A new ecological awareness has emerged that challenges us to view the ecological crisis as a spiritual issue. This is an opportunity to let go of past errors and create new ways of living together that nurture the earth, even as its bounty provides nourishment to us.



Enlightened Life on Earth

We are faced now with the consequences of consuming and polluting our natural resources without any reasonable restraint. Unrestrained development does nothing to improve lives. Material growth is no longer an ideal model for our future life on earth. We must turn our focus now to human health, happiness and spiritual awakening, and turn away from the accumulation of goods. Our

uncontrolled desires for convenience, technology, and objects place too much value on having and enjoying, and not enough on growing as spiritual beings.

Emerging visions of a better earth include the development of economic models with expansive standards of well-being that go beyond material productivity and the accumulation of wealth for the few. To create enlightened life requires wealthy nations to renounce their over consumption of natural resources. It also entails the proper approach to agriculture, industry and technology. The future of the earth lies in human hands, but must be guided by a vision of a higher way of life.

The call is now upon us for a real, conscious, sustained effort to join together as one and bring about radical change in all areas of human endeavor. We must bring human life back into balance with the natural world by creating new systems, social structures and enterprises. A return to eating the natural diet, which consists of organically grown plants, must ultimately replace the raising and killing of animals, an industry that is the cause of much environmental degradation. We will learn once again to grow our own pure food for our families and our neighbors, using natural methods that preserve the soil and protect and conserve the water.

By renewing our commitment to simplicity, humility and service we become enabled to truly make a difference in the world. This alone will ensure that we as a united people can survive the times of trial that will come about as the transition to enlightened life takes place. Enlightened life is based upon the principles of unity, honesty, cooperation, non-violence, forgiveness, respect and honorable beneficence. Though these principles have become foreign to many people, and are oftentimes overlooked by those heavily invested in material life, they represent a path toward creating sustainable life on earth.

Most importantly we must continually renew our connection to the divine source in whatever way we can. This is the only reality that

endures. As we align with this higher wisdom, without trying to define and control it, it will lead us in to a new future of life, love and unity. As we allow this divine force to transform us from a limited being into our true unlimited potential, we gain greater insight and understanding to help us master our lives. Following this personal awakening, this new vibration will expand outward, bringing revolutionary energy to rebuild and renew families, society, culture, nations and the world.

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About the Author: Chavah Aima is the Founder and Executive Director of Enlightened Life Sanctuary. Since 1997, she has been engaged in sharing the practices and principles of the ancient enlightenment traditions and promoting spiritual awakening for sustainable and harmonious life on earth.

Appendix One

World People's Conference on Climate Change and the Rights of Mother Earth

Proposal

UNIVERSAL DECLARATION OF THE RIGHTS OF MOTHER EARTH

Preamble

We, the peoples and nations of Earth:

considering that we are all part of Mother Earth, an indivisible, living community of interrelated and interdependent beings with a common destiny;

gratefully acknowledging that Mother Earth is the source of life, nourishment and learning and provides everything we need to live well; *recognizing* that the capitalist system and all forms of depredation, exploitation, abuse and contamination have caused great destruction, degradation and disruption of Mother Earth, putting life as we know it today at risk through phenomena such as climate change;

convinced that in an interdependent living community it is not possible to recognize the rights of only human beings without causing an imbalance within Mother Earth;

affirming that to guarantee human rights it is necessary to recognize and defend the rights of Mother Earth and all beings in her and that there are existing cultures, practices and laws that do so;

conscious of the urgency of taking decisive, collective action to transform structures and systems that cause climate change and other threats to Mother Earth;

proclaim this Universal Declaration of the Rights of Mother Earth, and call on the General Assembly of the United Nation to adopt it, as a common standard of achievement for all peoples and all nations of the world, and to the end that every individual and institution takes responsibility for promoting through teaching, education, and consciousness raising, respect for the rights recognized in this Declaration and ensure through prompt and progressive measures and mechanisms, national and international, their universal and effective recognition and observance among all peoples and States in the world.

Article 1. Mother Earth

1. Mother Earth is a living being.
2. Mother Earth is a unique, indivisible, self-regulating community of interrelated beings that sustains, contains and reproduces all beings.
3. Each being is defined by its relationships as an integral part of Mother Earth.
4. The inherent rights of Mother Earth are inalienable in that they arise from the same source as existence.
5. Mother Earth and all beings are entitled to all the inherent rights recognized in this Declaration without distinction of any kind, such as may be made between organic and inorganic beings, species, origin, use to human beings, or any other status.
6. Just as human beings have human rights, all other beings also have rights which are specific to their species or kind and appropriate for their role and function within the communities within which they exist.
7. The rights of each being are limited by the rights of other beings and any conflict between their rights must be resolved in a way that maintains the integrity, balance and health of Mother Earth.

Article 2. Inherent Rights of Mother Earth

1. Mother Earth and all beings of which she is composed have the following inherent rights:

- a) the right to life and to exist;
- b) the right to be respected;
- c) the right to regenerate its bio-capacity and to continue its vital cycles and processes free from human disruptions;
- d) the right to maintain its identity and integrity as a distinct, self-regulating and interrelated being;
- e) the right to water as a source of life;
- f) the right to clean air;
- g) the right to integral health;
- h) the right to be free from contamination, pollution and toxic or radioactive waste;
- i) the right to not have its genetic structure modified or disrupted in a manner that threatens its integrity or vital and healthy functioning;
- j) the right to full and prompt restoration the violation of the rights recognized in this Declaration caused by human activities;

2. Each being has the right to a place and to play its role in Mother Earth for her harmonious functioning.

3. Every being has the right to wellbeing and to live free from torture or cruel treatment by human beings.

Article 3. Obligations of human beings to Mother Earth

1. Every human being is responsible for respecting and living in harmony with Mother Earth.
2. Human beings, all States, and all public and private institutions must:
 - a) act in accordance with the rights and obligations recognized in this Declaration;
 - b) recognize and promote the full implementation and enforcement of the rights and obligations recognized in this Declaration;
 - c) promote and participate in learning, analysis, interpretation and communication about how to live in harmony with Mother Earth in accordance with this Declaration;
 - d) ensure that the pursuit of human wellbeing contributes to the wellbeing of Mother Earth, now and in the future;
 - e) establish and apply effective norms and laws for the defense, protection and conservation of the rights of Mother Earth;
 - f) respect, protect, conserve and where necessary, restore the integrity, of the vital ecological cycles, processes and balances of Mother Earth;
 - g) guarantee that the damages caused by human violations of the inherent rights recognized in this Declaration are rectified and that those responsible are held accountable for restoring the integrity and health of Mother Earth;
 - h) empower human beings and institutions to defend the rights of Mother Earth and of all beings;
 - i) establish precautionary and restrictive measures to prevent human activities from causing species extinction, the destruction of ecosystems or the disruption of ecological cycles;

j) guarantee peace and eliminate nuclear, chemical and biological weapons;

k) promote and support practices of respect for Mother Earth and all beings, in accordance with their own cultures, traditions and customs;

l) promote economic systems that are in harmony with Mother Earth and in accordance with the rights recognized in this Declaration.

Article 4. Definitions

1. The term “being” includes ecosystems, natural communities, species and all other natural entities which exist as part of Mother Earth.

2. Nothing in this Declaration restricts the recognition of other inherent rights of all beings or specified beings.